

Munchkins in Motion Weekly Activities

April/May 2020

Hello all! We hope you are continuing to (safely) practice some gymnastics skills and stretching at home but most importantly, you are staying **safe** and **healthy!** Below, is an activity calendar for the week that you can follow along with each day. Some days you can do gymnastics skills, but other days are things that YOU could do to help one another or put a smile on someone's face 😊.

Quote of the Week!

"Your limitation - it's only your imagination."

We can get through this together!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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26 Do a tuck jump, straddle jump, and a straight jump! Show your family!	27 Make your bed today! 	28 Write down what your favorite thing to do is when you are playing outside!	29 Walk on your tip-toes with your arms over your head in your living room!	30 Do a handstand. 	1 Name something that swims in the ocean and draw a picture of it.	2SM Help make dinner tonight!
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