

GB - PHASE I
First to Return
Classes, Teams & Camps *with restrictions*

GB - PHASE II
Second to Return
Team Up & Special Events *with restrictions*

GB - PHASE III
Third to Return
All Remaining Activities *with restrictions*

Facility Safety Summary - What can I Expect? 😊

Employee Guidelines	<ul style="list-style-type: none"> • Staff will follow Infectious Disease Policy & undergo wellness checks & temperature checks before every shift. • Staff will wash hands per protocol before & after every class and sanitize during every class at every rotation. • Staff will have limited physical contact with students – (limited to “Emergency Only Spotting” for all students) • Staff will be trained on new procedures and prepared to enforce any physical distancing protocols. • Staff will adhere to PPE requirements set forth by New York State and/or the CDC. • Employees will use our mobile app on his/her/ personal device to clock in/clock out.
Building Preparation	<ul style="list-style-type: none"> • Facility and equipment will be disinfected again, prior to re-opening. • The building surface areas will be cleaned and disinfected prior to opening each day and throughout each day. • Hand sanitizer stations will be located throughout the building, accessible to all and monitored for refill. • Drinking fountain and chalk buckets will be covered, students can bring own labeled water bottle (& own bag of chalk for team athletes). • The pit will temporarily be covered over. • Bathroom faucets & towel dispensers will all be converted to “Touchless” devices. • The Client Services office will initially reopen on an “appointment-only” basis. We have switched to a strictly virtual registration process and online payments are highly encouraged. • Physical Distancing indicators will be marked off on the floor 6’ apart in locker rooms, watch areas and hallways.
Entering the Building	<ul style="list-style-type: none"> • No more than 1 adult per enrolled child(ren) in the building at a time. • Please wait until the entrance is clear then proceed to the “Wellness Check” area. • Students & Adult/Guardian will all undergo a wellness questionnaire and temperature check. 100.3 is our threshold for entrance and 100.4 or above cannot enter the building. • All individuals are required to wear a face covering and sanitize hands upon entering building. • Students are highly encouraged to use the rest rooms at home prior to coming to class. • It is necessary for a parent/guardian to wait until the student has passed the wellness check to leave the premises.
Traffic Flow, Capacity & Distancing	<ul style="list-style-type: none"> • All individuals will use the main entrance. Students & parents/guardians will go through the locker rooms. • Students proceed to the left and parents will go to the right; following 1-way flow of traffic as much as possible. • Balcony observation will be limited to 6’ distance viewing by going up the front stairway & down rear stairway. • NYS recommends initially opening at 50% occupancy. Greater Buffalo will go a step further and limit our capacity to staying under 25% to help ensure even more safety and greater opportunities for physical distancing.
Prior To Class	<ul style="list-style-type: none"> • Students will be required to sanitize their hand's when coming into the gym • Employees will have disinfected / sanitized equipment and entry & exit points, parent areas. • Recreational students will keep personal items into his/her own bin & have throughout class. • Competitive Team athletes will keep personal items in Team Backpack & have throughout workout.
During Class	<ul style="list-style-type: none"> • Students will sanitize hands (supervised) after every rotation. • Lesson plans will be modified to omit partner activities. • Lesson plans will be modified to limit use of props. • Lesson plans will be modified to eliminate spotting. • Porous props such as bean bags and stuffed animals will be temporary taken out of use • Stations and activities will be modified to allow safe distance between students and instructors. • Grips will be kept in separate bags by each student carried to each rotation. • Gymnasts will be permitted to remove face coverings when they have arrived at their assigned station(s). Facial coverings can be placed into a paper bag and kept isolated with their personal items throughout training.
After Class	<ul style="list-style-type: none"> • Rec students will meet a parent/guardian at the Northwest side door to exit. Competitive Team athletes will exit through the Southwest door. • Employees will be disinfecting all areas of their department, props and any shared bins immediately after each class to get ready for the next group.